

<b>Marital Assessment</b>	<b>First Name:</b>			
	<b>No, Not at all, or never</b>	<b>Somewhat, or mild</b>	<b>Mostly, most of the time, or moderate</b>	<b>Yes, All the time or severe</b>
<i>Use the scale to the right to rate each of the statements below:</i>				
1. I trust my spouse in all areas:	0	1	2	3
2. I am happy with our roles and responsibilities:	0	1	2	3
3. My spouse lives up to my expectations:	0	1	2	3
4. We get support from our extended family members:	0	1	2	3
5. I have free time or liesure time in my schedule:	0	1	2	3
6. I feel loved and appreciated by my spouse:	0	1	2	3
7. My spouse is also my very good friend:	0	1	2	3
8. I am happy with our sex life:	0	1	2	3
9. We show affection and concern to each other:	0	1	2	3
10. We resolve our disagreements or problems:	0	1	2	3
11. My spouse is interested in what I feel & think:	0	1	2	3
12. I feel that my spouse understanding me:	0	1	2	3
13. I share my opinions with my spouse:	0	1	2	3
14. I share my dreams and fantasies with my spouse:	0	1	2	3
15. I share my fears and worries with my spouse:	0	1	2	3
16. I talk with my spouse about my worries:	0	1	2	3
17. I feel close and connected to my spouse:	0	1	2	3
18. We "make up" easily after an argument:	0	1	2	3
19. My spouse criticizes me:	0	1	2	3
20. My spouse is defensive:	0	1	2	3
21. I feel contempt towards my spouse:	0	1	2	3
22. My spouse will just walk away or ignore me during a conflict or disagreement:	0	1	2	3
23. I feel that my spouse is controlling:	0	1	2	3
24. I feel that my spouse holds grudges:	0	1	2	3
25. I feel that my spouse is self righteous:	0	1	2	3
26. I feel that my spouse is self centered:	0	1	2	3
27. I feel that my spouse blames me for problems:	0	1	2	3
28. My spouse argues about "the truth" or facts:	0	1	2	3
29. My spouse has negative labels or ideas about me:	0	1	2	3
30. My spouse acts like a victim:	0	1	2	3
31. My spouse is an angry person:	0	1	2	3
32. I feel like my spouse competes with me:	0	1	2	3
33. I feel like my spouse has a hidden agenda:	0	1	2	3
34. I think my spouse suffers from depression	0	1	2	3
35. We have stress in our lives:	0	1	2	3
36. I think my spouse suffers from anxiety	0	1	2	3
37. My spouse is physically aggressive:	0	1	2	3
38. I think my spouse abuses drugs or alcohol:	0	1	2	3
39. I think my spouse had or is having an affair:	0	1	2	3
	<i>P/F:</i>	<i>/54</i>	<i>Indicators:</i>	<i>/12</i>
	<i>R/F:</i>	<i>/63</i>	<i>Motivation:</i>	<i>/33</i>
	<i>Trust:</i>	<i>/3</i>	<i>Mood/Strss:</i>	<i>/9</i>
	<i>Roles &amp; Resp:</i>	<i>/12</i>	<i>HR:</i>	<i>/9</i>
	<i>Attachment:</i>	<i>/12</i>	<i>PH-RL</i>	<i>PL-RL</i>
	<i>Bond &amp; Emp</i>	<i>/27</i>	<i>PH-RH</i>	<i>PL-RH</i>